



INSTRUCTIONS FOR USE

1-piece high output pouch

1 PREPARATION



Ensure the area around the stoma is clean and dry. If the pouch is pre-cut to the exact size, please proceed to **step 2**.



If the pouch needs to be cut to size, use the enclosed measuring guide to measure the size and shape of the stoma.



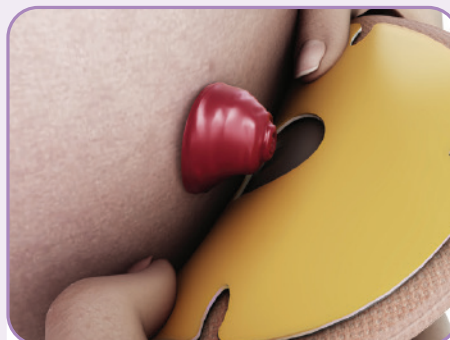
Using the cutting guide on the baseplate, cut a hole to fit the exact pre-measured size and shape of the stoma using curved scissors. Take care not to cut through the pouch film on the other side.

2 APPLICATION

DID YOU KNOW? Filter covers are included which can be used when bathing or to prevent 'pancaking'. Apply the cover by lifting up the split fabric on the pouch and placing the cover over the filter, which can be seen as a dark circle.



Peel the protective film off the baseplate.

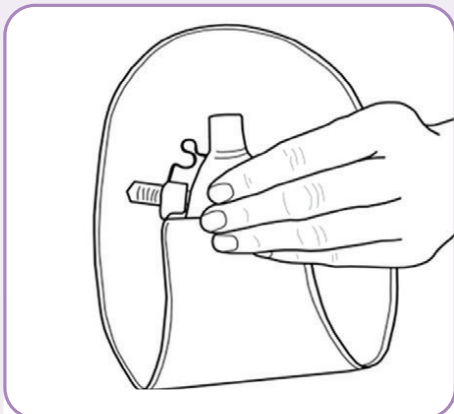


Align the centre hole of the baseplate around the stoma.

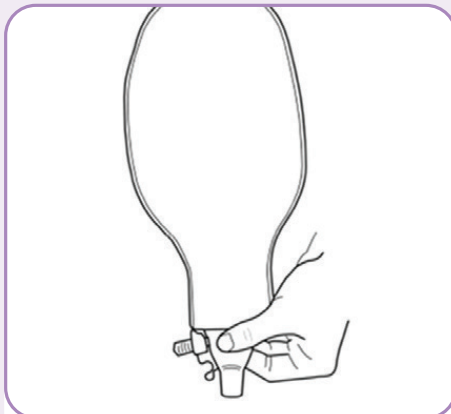


Starting at the bottom of the baseplate press gently against your skin, smoothing upwards and outwards to ensure the entire baseplate is securely adhered to the skin.

3 EMPTYING



Lift the bung up, remove the stopper and fasten at the side.



Point the bung down and empty into a toilet. To control the flow, squeeze the area above the bung.



To close, re-insert the stopper into the bung.

4 REMOVAL



Gently remove the pouch by peeling the baseplate downwards and away from the skin. Apply light pressure to your skin with your free hand to aid removal.

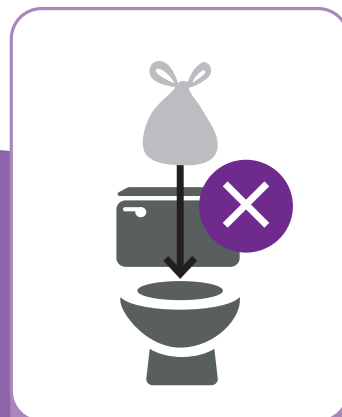
The use of a medical adhesive remover product is highly recommended.



5 DISPOSAL



Place used products into a waste bag and waste bin.



Do not flush the product down the toilet. Dispose of waste products in accordance with local guidelines.



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