

Instructions for use - Ileostomy



1

Measure your stoma and cut the baseplate to the appropriate size/shape. Remove the protective backing from the baseplate, exposing the adhesive part.



2

Centre the baseplate opening over the stoma and press into place. To secure well, run your finger around the baseplate starting in the centre moving towards the outer edge. Use your hands to warm the baseplate to your skin for about 30 seconds, this will help initial adhesion.



3

Do not remove the blue and white (bunny ears) protective plastic at this stage.



4

Align the pouch ring with the bottom of the baseplate ring. Run your fingers around the ring until you feel it clip over the top.



5

Press around the entire ring to ensure pouch is attached.



6

Grip one or both of the blue and white (bunny ears) plastic tabs.



7

Pull the tabs down and around from the baseplate and remove the protective plastic.



8

Press down around the outer edge of the ring to ensure bag is adhered to baseplate.



9

POUCH REMOVAL

With one hand support the base to your abdomen and with the other hand grip the ribbed tab on the pouch and pull downwards.



10

POUCH EMPTYING

Peel back Velcro.



11

Unfold outlet, directing output into toilet.



12

Lift easy grip tab and gently support the sides of the outlet to aid emptying and cleaning.



13

Clean inside the outlet, roll up towards you 4 times and apply Velcro securely.



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